

September 2021 Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
ALLERGENS: *Made Without Gluten **Gluten Free Alternative Available	Hispanic Heritage Month 9/15-10/15	Buffalo Chicken Sandwich** Grilled Chicken Sandwich** Pasta w/ Butter** Green Beans*	Pepperoni Pizza** Cheese Pizza** Caesar Salad* Yogurt*	Early Dismissal-No Lunch Served
No Peanut/Tree Nuts/Shellfish used in any menu item		Salad & Sandwich Bar Soup / Fruit / Dessert	Salad & Sandwich Bar Soup / Fruit / Dessert	
6	7	8	9	National Hot Dog Day 10
Labor Day	Chicken Caesar Salad Wrap**	Pulled Pork*	Fried Chicken Drums*	Cheeseburger**
	Meatball Sub**	Pulled Chicken*	Baked Chicken Drums*	Hotdog**
	Chips*	Macaroni & Cheese**	Seasoned Rice*	Baked Beans*
	Mixed Veggies*	Sweet Potatoes *	Broccoli*	Corn on Cob (k-12) Corn (PreK)*
	Salad & Sandwich Bar	Salad & Sandwich Bar	Salad & Sandwich Bar	Salad & Sandwich Bar
	Soup / Fruit / Dessert	Soup / Fruit / Dessert	Soup / Fruit / Dessert	Soup / Fruit / Dessert
13	14	15		
Chicken Quesadilla**	Spaghetti w/ Meatballs**	Pasticho Venesolano	Chicken Pot Pie	Pepperoni Pizza**
Cheese Quesadilla**	Cheese Ravioli in Alfredo	Pollo en Escabeche	Swedish Meatballs w/ Gravy**	Cheese Pizza**
Spanish Rice*	Steamed Broccoli*	Calabachin a la Plancha	Roasted Potatoes*	Caesar Salad*
Yellow Corn*	Garlic Bread	Plantanos Tostados	Green Beans*	Yogurt*
Salad & Sandwich Bar	Salad & Sandwich Bar	Pastel de Pina	Salad & Sandwich Bar	Salad & Sandwich Bar
Soup / Fruit / Dessert	Soup / Fruit / Dessert	Ensalada/Sopa/Fruta	Soup / Fruit / Dessert	Soup / Fruit / Dessert
20	21	Ice Cream Cone Day 22	23	24
Scrambled Eggs*	Fried Chicken Drums*	BBQ Pork Sandwich**		
Pork & Turkey Sausage Links*	Baked Chicken Drums*	Grilled Chicken Sandwich**	Parent	Parent
Home Fries*	Macaroni & Cheese**	Baked Beans*	Parent	Parent
Pancakes w/ Syrup	Grilled Cauliflower*	Sauteed Greens*	Conferences	Conferences
Salad & Sandwich Bar	Salad & Sandwich Bar	Salad & Sandwich Bar	Connenences	Connecences
Soup / Fruit / Dessert	Soup / Fruit / Dessert	Soup / Fruit / Dessert		
National Choc. Milk Day 27	28			
Popcorn Chicken*	Beef Taco**	Buffalo Chicken Sandwich**	Baked Ziti**	Fried Chicken and Popcorn Chicken are
Corn Dog	Cheese Nachos**	Grilled Chicken Sandwich**	Fettuccini Alfredo**	battered in house with rice flour
Macoroni & Cheese**	Spanish Rice*	Pasta w/ Butter**	Steamed Broccoli*	allowing them to be made without
Sweet Potatoes*	Seasoned Corn*	Green Beans*	Garlic Toast	gluten. Gluten free buns/bread are
Salad & Sandwich Bar	Salad & Sandwich Bar	Salad & Sandwich Bar	Salad & Sandwich Bar	also available on request
Soup / Fruit / Dessert	Soup / Fruit / Dessert	Soup / Fruit / Dessert	Soup / Fruit / Dessert	